

Class Schedule

Montag

16:30h Ballett

19:15h TRX Schlingentraining

20:15h Bungeefit



Dienstag

18:10h Pole Beginners

18:30h ZUMBA

19:30h Aerial Yoga



Mittwoch

15:00h Break & Dance

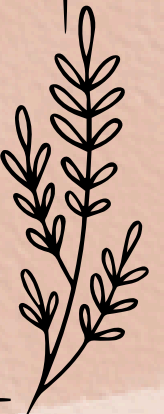
16:00h Zirkus (Kids)

16:30h Kreativer Kindertanz

17:30h Aerial Yoga Kids

18:30h Functional Mobility
Training

19:30h Salsa Lady Style



Donnerstag

19:00h Aerial Hoop

20:00h Pole Fitness



Sonntag

18:00h Standard Tanzkurs



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dance is in the air